



The Mabel Churn Centre

A specialist dementia day centre for people with early memory loss to advanced dementia.

The Mabel Churn Centre is a welcoming and uplifting place where people living with dementia can feel safe, valued, and connected.

Our thoughtfully designed space and skilled team help each person feel comfortable and cared for.

What we offer:

- **Safe and welcoming** environment designed for comfort and wellbeing
- **Engaging activities** tailored to stimulate and inspire
- **Personal care support** available to maximise independence
- **Social opportunities** that reduce isolation and build confidence
- **Nutritious lunch and refreshments** served daily
- **Guidance and signposting** to services and support for carers
- **Transport** options available to and from the centre
- **Opening hours:** Monday to Friday. 9am – 4pm

Call: 0208 351 1131

Email: day.centre@ageukenfield.org.uk

Website: www.ageukenfield.org.uk

The Mabel Churn Centre, 55b The Sunny Road, Enfield, EN3 5EF



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Who is the Day Centre for

Our day centre is suitable for adults living with dementia, from those newly diagnosed to those with more advanced dementia who require a supportive, structured environment.

Activities at the Centre

We provide a wide range of meaningful, person-centred activities that support physical, emotional and cognitive wellbeing. These include:

- Cookery sessions
- Arts & crafts
- Exercise & movement
- Games & puzzles
- Gardening
- Singing & music based activities
- Immersive performances
- Reminiscence activities
- Seasonal events & celebrations
- Complementary therapies



Cost and Funding

We welcome both self-funding clients and those funded by the local authority.

Our Information and Advice team are happy to check eligibility for welfare benefits and concessionary travel. Please call our Information and Advice team on 020 8375 4120 to find out more.

To arrange a visit or find out more scan the QR code

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