



The Parker Day Centre

The Parker Centre is a specialist dementia care day centre in Edmonton, providing high quality day care. This includes activities and events for people with early memory problems, to advanced dementia, as well as respite for their carers.

What we offer at the Parker Centre

- Day Care from 9am – 4pm, Monday - Friday
- Transport to and from the centre
- A secure, and calm environment
- Activities designed to engage and stimulate
- Help with personal care if required
- The opportunity to socialise with others
- A two-course lunch and refreshments
- Signposting to other services for carers

Who is the Parker Centre for?

Age UK Enfield Dementia Day Care service is suitable for those who are living with dementia, from newly diagnosed to advance dementia.

What do we do at the Parker Centre?

The Parker Centre offers a wide range of activities to stimulate the memory and mind, as well as one off events and celebrations. Activities are tailored to the individual client's interests, hobbies, and life stories. We also work with specialist external organisations to provide specific activities, which can include:

- Social activities
- Crafts
- Art
- Singing
- Films
- Reminiscence activities



The cost of attending the Parker Centre

We accept self-funders as well as local authority funded clients. We can also check if there is eligibility for local authority funding, and whether all possible benefits are being received. Please call our Information and Advice team on 020 8375 4120 to find out more.

Monthly carer's group

We understand that caring for someone living with dementia can be difficult. Therefore we have teamed up with Enfield's Older People's Mental Health Team to deliver a supportive carer's group. This gives carers an opportunity to talk about the challenges they face and share experiences with other carers.

For more information:

Call: 0208 351 1131 or

Email: day.centre@ageukenfield.org.uk

Website: www.ageukenfield.org.uk

The Parker Centre, 6 Houndsfield Road, London N9 7RA