

# Memory Meet Up

Come along to our friendly activity sessions for people diagnosed with dementia and their carers held on the

***First and Third Wednesday*** of every month

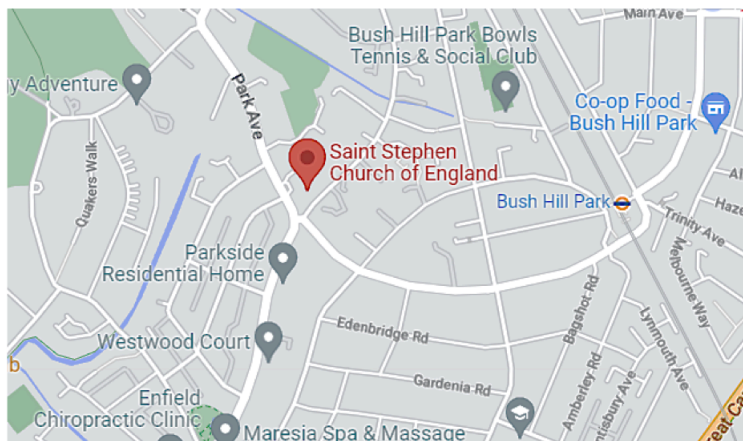
***10.30am - 12 noon***

A great opportunity to meet other people, share experiences and take part in fun and meaningful dementia friendly activities.

**St Stephen's Church Hall, Village Road, Enfield  
EN1 2BA**

***Refreshments provided - £2.50 per person***

**For more information  
email: [referrals@ageukenfield.org.uk](mailto:referrals@ageukenfield.org.uk) or  
call 0208 375 4120  
[www.ageukenfield.org.uk](http://www.ageukenfield.org.uk)**



**Wheelchair accessible. Parking available.**  
**Bus routes: 329, W8**

My next Memory Meet Up is on the			
2nd April 2025		17th September 2025	
16th April 2025		1st October 2025	
7th May 2025		15th October 2025	
21st May 2025		5th November 2025	
4th June 2025		19th November 2025	
18th June 2025		3rd December 2025	
2nd July 2025		21st January 2026	
16th July 2025		4th February 2026	
6th August 2025		18th February 2026	
20th August 2025		4th March 2026	
3rd September 2025		18th March 2026	