



Memory Meet Up

Come along to our friendly activity sessions for people diagnosed with dementia and their carers held on the *First and Third Wednesday* of every month

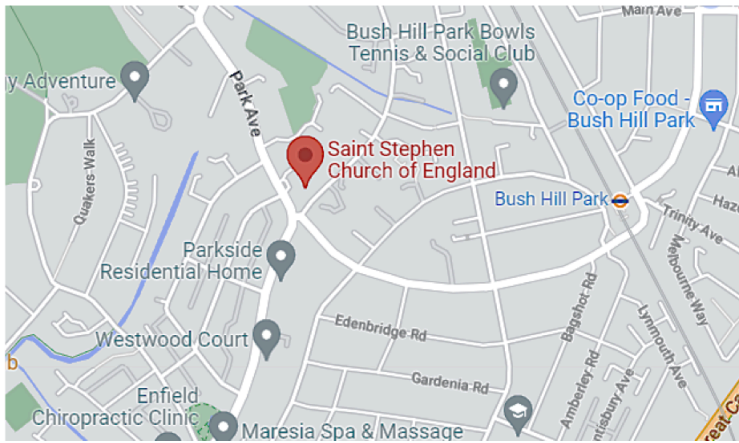
10.30am - 12 noon

A great opportunity to meet other people, share experiences and take part in fun and meaningful dementia friendly activities.

**St Stephen's Church Hall, Village Road, Enfield
EN1 2BA**

Refreshments provided - £3.50 per person

**For more information
email: referrals@ageukenfield.org.uk or
call 0208 375 4120
www.ageukenfield.org.uk**



Wheelchair accessible. Parking available.

Bus routes: 329, W8

My next Memory Meet Up is on the			
1st April 2026		7th October 2026	
15th April 2026		21st October 2026	
6th May 2026		4th November 2026	
20th May 2026		18th November 2026	
3rd June 2026		2nd December 2026	
17th June 2026		16 th December 2026	
1st July 2026		20th January 2027	
15th July 2026		3rd February 2027	
5th August 2026		10th February 2027	
19th August 2026		3rd March 2027	
2nd September 2026		17th March 2027	
16th September 2026		7 th April 2027	